

Lockwood Folly POA Fitness Center User's Agreement

Policies:

The Fitness Center is open to all Property Owners and resident family members who are 18 years of age or older. To use the Fitness Center POA members must sign a Waiver and Release Form and this User's Agreement and pay the POA a refundable \$25 deposit for a key to the Fitness Center. The keys are numbered and must not be duplicated. One key will be issued per POA household.

The Fitness Center is open from 6 AM to 10 PM. The hours between 6 AM and 6 PM are reserved for POA members only. Guests (visiting family members and friends who are at least 18 years of age and who have signed a Waiver and Release Form) may use the Fitness Center between 6 PM and 10 PM but must be accompanied at all times by the key-holding POA member.

The Fitness Center is managed by the Lockwood Folly POA Board of Directors with the assistance of the Fitness Center Committee.

Basic rules:

1. Everyone must sign in and out when using the Fitness Center. Please document any equipment malfunctions or other issues on the sign-up sheet.
2. There is no attendant on site -- exercise at your own risk.
3. No alcohol, tobacco, or food items are allowed in the Fitness Center.
4. No one under the age of 18 is allowed in the fitness center at any time.
5. Proper athletic attire must be worn when using the equipment -- no flip flops or wet bathing suits.
6. A 30-minute rule will apply on equipment when members are waiting.
7. Replace any equipment, such as free weights, when you have finished your workout.
8. Spray bottles and towels are supplied to wipe down equipment after use. Spray on the towel and then use -- do not spray directly on equipment as the leather/vinyl will become dry and crack.
9. Please follow the instructions on the Thermostat -- do not try to adjust the Program/Fan button.
10. Turn off the lights and equipment and make sure the doors are locked when you leave.

I agree to abide by the above policies and rules regarding access to and use of the Fitness Center. I have given the POA a refundable \$25 deposit for a key to the Fitness Center and agree to return the key when I stop using the Fitness Center. Key number

Printed name and signature(s)
